



THE RAP SHEET

August 2012
A Quarterly Newsletter

A Publication of the Iowa Corrections Association
www.lowaICA.com

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President's Notes

It's an exciting time to be a member of ICA. Our membership is what makes the Iowa Corrections Association
"A Force For Positive Change."

The fall conference in Council Bluffs on September 26th-28th is just around the corner. Jen Foltz, conference chair and ICA Vice President, has leveraged some tremendous training opportunities including "***Shooting in the Heartland***" presented by the Omaha Police Department. Omaha Police Department's Sgt. Kozelichki and Officer Staskiewicz, two of the first responders to the Westroads Von Maur shooting, will take participants through the experiences of the first responders and the follow-up investigation to that fateful day in December 2007. The discussion will include actual video and audio recordings of the unfolding events and break them down into four core areas: ***Pre-Incident Timeline, Incident Timeline, Investigative Response and Media Response***. It will highlight many of the key operational issues and include lessons learned in each of the areas. Please take a moment to review all of the workshop opportunities. I'm confident it will be a tremendous conference, highlighted by an opportunity to network with your peers.

ICA has a vision to be the ***leader in providing relevant training*** to criminal justice agencies and beyond. As such, we are designating four training regions across the state. Our goal is to provide quality training in an expedient manner to all regions of the state. A recent example would be the ICA sponsored "Emerging Drug Trends: K2/Spice, Bath Salts and Salvia" trainings. We have an excellent training committee that is positioned to make ICA ***the professional leadership organization*** in criminal justice training.

We look forward to serving your needs this year and for many more to come.

On behalf of the ICA Board of Directors,
Bruce Vander Sanden



2012 FALL CONFERENCE
Together We Are Stronger
Harrah's Council Bluffs, Iowa
September 26-28, 2012

Wednesday, September 26

Registration 9:00 a.m.—12:30 p.m.

Opening Ceremony 1:00 p.m.—2:30 p.m.

"Bubble Baths are not an Appropriate Self Care Strategy". Kelly Mary Ziemann

Keynote Description: Are you starting to see perpetrators everywhere you look? When was the last time you took a vacation... one that included a vacation from your email and voicemail? We're going to explore the world of burnout and vicarious trauma and talk about ways that we can mitigate the effects, both for ourselves and for our organizations. The work we do takes a lot out of us, and a peaceful bubble bath every now and again (or even every day) just isn't going to cut it; We need to change the way we approach our work at a fundamental level. Whether you're new to the work or a seasoned veteran, this presentation will help you think of ways to stay safe and sane.

Workshops 2:45 p.m.—4:45 p.m.

Salon A: "Distracted Driving". Jason LeMaster, Pottawattamie County Sheriff's Department

Workshop description: Investigator LeMaster and Sergeant Menning will present information about fatal crashes involving distracted driving.

Salon B: "Pathological Gambling". Mark VanderLinden, Department of Public Health

Workshop description: Problem gambling is a behavioral disorder in which an individual has a psychologically uncontrollable preoccupation and urge to gamble. The gambling can progress to a point at which it compromises, disrupts and ultimately destroys the gambler's personal life, relationships and vocational pursuits. It may also lead the gambler criminal activity in an effort to relieve the financial burden and fuel continued gambling. This session will provide a basic overview of disordered gambling with special attention to the link to criminal activity.

Salon C: "Law Enforcement Certified Probation & Parole Units in Iowa". Dan Fell

Workshop description: Mr. Fell will discuss the advent of these units in the State of Iowa's Community Based Corrections (CBC) system; including a discussion on what Dr. E. Latessa termed "role conflict" in previous models, such as Intensive Supervision Programs. He will outlay the roles and responsibilities of these officers in the State of Iowa, including their collaborative law enforcement efforts; and in describing real situations and cases, attempt to overcome preconceived notions and myths. Finally, he will review future efforts proposed and how these units can therefore further support community safety in Iowa.

Pottawattamie: "Sex Offender Management: Past, Present & Future Practices". Randy Cole

Workshop description: This is a practitioner workshop for training in the area of Sex Offender Management (SOM). We will explore past practices, current practices and future promising practices within the field. Using a systematic approach to risk assessment and risk management is vital to identifying a comprehensive profile of the offender and establishing an effective containment/collaboration model of treatment, supervision and monitoring.

Thursday, September 27

Workshops 8:30 a.m.—10:00 a.m.

Salon A: “Iowa’s BEP Pilot Project”. Panel

Workshop description: Since October of 2009, the DOC has been collaborating with the Judicial Branch, Fifth and Sixth Judicial Districts, the University of Iowa and the Iowa Coalition against Domestic Violence (ICADV) to test the feasibility and efficacy of a novel, evidence-based group intervention program for domestic abuse offenders. A draft of the new treatment manual has been completed and is being piloted in the first, second, fifth and sixth judicial districts. The new curriculum entitled “*Achieving Change Through Value-Based Behavior*” (ACTV) is based on the principles and techniques of Acceptance and Commitment Therapy (ACT). The United States Substance Abuse and Mental Health Services Administration (SAMHSA) has now listed ACT as an empirically supported method as part of its National Registry of Evidence-based Programs and Practices (NREPP). Acceptance and Commitment Therapy (ACT) is based on empirically-supported mindfulness-based cognitive behavioral therapy and has two major goals:

- To foster acceptance of unwanted mental experiences which are out of our personal control
- To facilitate commitment and action toward living a valued life.

Salon B: “Sex Offender Management: Past, Present & Future Practices”. Randy Cole

Workshop description: This is a practitioner workshop for training in the area of Sex Offender Management (SOM). We will explore past practices, current practices and future promising practices within the field. Using a systematic approach to risk assessment and risk management is vital to identifying a comprehensive profile of the offender and establishing an effective containment/collaboration model of treatment, supervision and monitoring.

Salon C: “Child’s Play for Adults”. Leanne Eichinger & SaraBeth Schurr

Workshop description: In this workshop, Sara Beth and Leanne, both psychologists with the DOC and both treatment providers in group settings, will talk about and demonstrate examples of evidence-based practices, specifically the “common factors” in all treatment. The common factors are those factors that make treatments work, and are centered mostly around the relationship between the therapist and the client, and how to enhance that relationship in ways that enhance outcomes. Come relax with us for the morning, and explore (and experience for yourself) some ways that you can feel more connected to your clientele, yes, even the difficult ones, in order to make you a more effective (if not better loved!) therapist.

Pottawattamie: “Pharmageddon: The Prescription Drug Abuse Crisis”. Linda Kalin, Director, Iowa Poison Control

Workshop description: Prescription drug abuse is our nation’s fastest-growing drug problem and our homes are often large repositories for a smorgasbord of prescription drugs. This program is designed to provide up-to-date information on commonly abused prescription and over-the-counter drugs including opioids (painkillers), depressants (sleeping pills or anti-anxiety drugs), stimulants (ADHD drugs), and dextromethorphan (cough medicine). Information will include causes and patterns of drug abuse, symptoms by type of drug, range of toxicity, and treatments.



Thursday, continued:**Workshops 10:15 a.m.—11:45 a.m.**

Salon A: “Iowa Sex Offender Registry: An Overview”. Beau Stangland, DCI

Workshop description: The purpose of the training is to provide an overview of the Iowa Sex Offender Registry, the services the Sex Offender Registry unit can offer, and services individual agents can offer.

Salon B: “Security Threat Groups”. Steve Ecker, Pottawattamie County Sheriff’s Office

Workshop description: In this workshop, Steve Ecker will help participants understand the history of gangs and the mentality of gang members. The different types of gang members and gang activities will be explored.

Salon C: “Ethics in Corrections in the Electronic Age”. William Hill, Attorney General’s Office

Workshop description: One of the main challenges in corrections is working with the personal information of offenders and the question of when to share the information with others for legitimate uses. Specifically, there are many questions of privilege and authorization which must be followed in order to comply with the law and departmental policy. However, underlying this responsibility is that the personal information of offenders must be used in a manner which furthers departmental goals and not that of the individual employee. This ethical question is made more difficult by the availability of computer records and other information that is now widely available to corrections professionals in completing their duties. The question is: what are the legal and ethical limits when viewing and disseminating such personal information?

Pottawattamie: “K2, JWH, AM02201, MDPV: Alphabet Soup of Synthetic Drugs”. Linda Kalin, Director, Iowa Poison Control

Workshop description: Learn about the rising public health and safety threat of the dangerous synthetic drugs with nicknames like "K2," "Spice," "bath salts," and “glass cleaners,” being manufactured and imported as “legal highs.” This program discusses the prevalence of synthetic cannabinoids and synthetic cathinones, what they are, what they do, how they’re used, why they are so readily available, and the challenges they pose to law enforcement, educators, health care providers and communities. The pharmacology of synthetic drugs, adverse effects and treatment of drug overdoses will also be discussed.

Workshop 1:00 p.m.—5:00 p.m.

Ballroom: “A Shooting in the Heartland”. Omaha Police Department

Workshop description: Omaha Police Department Sgt. Kozelichki and Officer Staskiewicz, two of the first responders to the Westroads Von Maur shooting, take participants through the experiences of the first responders and follow-up investigation on that fateful day in December, 2007. The discussion will include actual video and audio of the unfolding events broken down into four core areas: Pre-Incident Timeline, Incident Timeline, Investigative Response and Media Response. It will highlight many of the key operational issues and lessons in each of the areas learned by first responders. Time will also be provided for questions and answers after each segment.

Friday, September 28

Workshops 8:30 a.m.—10:00 a.m.

Salon A: “Dirty Old Men or Legitimate Medical Malady?”. Geral Blanchard

Workshop Description: This workshop will provide a description of sexual addiction and outline diagnostic criteria. Gerry will explain how the brain gives rise to emotional pain and how it responds to sexual pleasure. Parkinson's Disease afflicts many of our senior friends and relatives. Careless prescription and monitoring of dopamine medications frequently gives rise to very confusing behavior in old age, including sexual addiction and compulsive gambling, long after testosterone levels have dissipated. Treating drug-induced hypersexuality as a public health problem, rather than strictly as a criminal act, can provide dramatic relief and healing for "offenders," victims, spouses, and other family members.

Salon B: “Justice Involved Veterans Programs”. Brian Brooks & Tami Osburn

Workshop description: It can be very difficult to understand all the different types of Veteran's benefits and programs. Two programs deal specifically with Justice Involved Veterans, HCRV and VJO. Veteran's Justice Outreach provides eligible, justice-involved (jail) Veterans with timely access to VA's mental health and substance use services when clinically indicated, and other VA services and benefits as appropriate. HCRV helps incarcerated (prison) Veterans successfully rejoin the community through supports including those addressing mental health and substance use problems.

Salon C: “Below 100: Together We Can Do It!”. Brian Hill

Workshop description: Below 100 is an initiative to reduce law enforcement/corrections line-of-duty deaths to fewer than one hundred per year. The Below 100 initiative has the potential to change law enforcement culture and save dozens of officers every year.

Pottawattamie: “Getting to the Emotional Truth: Psychotherapists and Law Enforcement Working Together”.
Darin Nelson

Workshop description: Heartland Family Service's Mental Health Crisis Response Team (MHCRT) is a mental health crisis intervention program activated by law enforcement to screen and assist a person in crisis on the scene. MHCRT therapists provide assessment information to law enforcement so they are able to make an informed decision in what their disposition of the interaction will be. Created to assist and support Law Enforcement, its underpinnings based on the Crisis Intervention Team (CIT) model, Heartland Family Service developed the Crisis Response Program in 2008. Although, the primary purpose of the MHCRT is to respond to individuals in the community who come to the attention of law enforcement due to experiencing a psychiatric emergency or increased emotional distress, the MHCRT has decreased unnecessary and costly trips to the ER. The MHCRT represents an evidence-based prevention effort that is integrated throughout a three county, multi-state, area. This session will include an overview of the development, implementation, and assessment processes involved in incorporating the MHCRT Program.

Workshops 10:15 a.m.—Noon

Ballroom: “Leaving Your Legacy!”. Brian Hill

Workshop description: Leaving your legacy is about making the most out of every second and living life to the fullest! You are creating your legacy each and every day for future generations. Living Your Legacy will enlighten, energize and inspire you to start living a more meaningful life. The ultimate benefit of this learning experience is to create a powerful congruency in all aspects of your life that liberates and motivates you to achieve excellence while enabling you to share your abundance with others.



IOWA CORRECTIONS ASSOCIATION
REGISTRATION FORM

2012 FALL CONFERENCE – *Together We Are Stronger*
September 26-28, 2012 at Harrah’s Council Bluffs, Iowa

ACCOMMODATIONS... Reservations made directly with *Harrah’s Council Bluffs* by calling 1-800-427-7247 and mention Group Code **S09IACO** to receive the special room rate of \$77.00. This rate is guaranteed through **August 26** so it is imperative for you to make your reservations early. There is a 24-hour cancellation policy. **Harrah’s is a casino/hotel and will REQUIRE ID; the guest checking-in each room must be at least 21.** If questions with your reservation, please contact Diana Wise at 712-329-6453.

CEU’s... CEU’s will be provided upon request and can be used for any other continuing education requirements. Questions about CEU’s? email Elizabeth.Clark@iowa.gov or Teneil.Cangas@iowa.gov.

MEMBERSHIP... ICA is an affiliate chapter with APPA and ACA.
JOIN NOW below **OR** at ICA website: <http://www.iowaica.com/id7.html>



*** Pre-registration expires September 7th.**

CONFERENCE FEES for Wednesday through Friday:

ICA Member:	Pre-Registration (ends September 7).....	\$65.00	_____
	On-Site Registration	\$70.00	_____
ICA MEMBERSHIP:	Annual fee: new_____ or renewal_____.....	\$30.00	_____
Non Member:	Pre-Registration (ends September 7).....	\$100.00	_____
	On-Site Registration	\$110.00	_____
F-T Student registration (not currently employed in Corrections, must show ID)		\$15.00	_____
Thursday ONLY:		\$35.00	_____
CEU fee (\$5 total, not each)		\$5.00	_____

TOTAL OWED _____

PAYMENT OPTIONS:

For Checks/Money Orders, please make payable to the *Iowa Corrections Association* and mail payment, along with registration form, to the address below.

For Credit Card payment (VISA or MasterCard only), please contact Jane Jansen at Jane.Jansen@iowa.gov or 319-292-1280.

Name (First, Last): _____	
○ Name Change? Please write "old" name here _____	
Agency: ○ DISTRICT: ___1 st ___2 nd ___3 rd ___4 th ___5 th ___6 th ___7 th ___8 th	
○ PRISON: ___ASP ___CCF ___FDCF ___ICIW ___IMCC ___ISP ___MPCF ___NCCF ___NCF	
○ Other: _____	
Address: ○ New Address?	
City, State, Zip:	
E-mail Address:	Daytime Phone:
ICA Membership #:	ICA Membership Expiration Date:
Please check CEU's you will need: IBTSA _____ Substance Abuse _____ Social Work _____	

RETURN TO:

Department of Correctional Services
Attn: Julie Vantiger-Hicks, ICA Registration
101 W Mississippi Dr, Suite 200 Muscatine, IA 52761
Email: Julie.VantigerHicks@iowa.gov

Phone: 563-263-9168 ext 13
Fax: 563-263-0140



Treasurer's Report

June - July 2012

Income:

Awards	11.72
Board of Directors	
CEUs	
Credit Card	
Elections	
Fall Conference	
Spring Conference	3,140.00
Legislative	
Membership	1,044.92
Multi-Cultural Issues	
Nominations	
Publicity	
Rapsheet	
Registration	410.00
Spring Conference	50.00
T-Shirts	
Training & Workshops	1,045.00
Vendor	
Website	
Women's Issues	
Total Income	\$5,689.92

Expenses:

Awards	
Board of Directors	419.23
CEUs	
Credit Card Fee	17.90
Elections	
Fall Conference	
Spring Conference	
Legislative	
Membership	2,205.00
Multi-Cultural Issues	
Nominations	
Publicity	
Rapsheet	
Registration	349.99
Spring Conference	
T-Shirts	
Training & Workshops	400.00
Vendor	84.96
Website	197.30
Women's Issues	
Total Expenses	\$3,674.38

Checking Balance

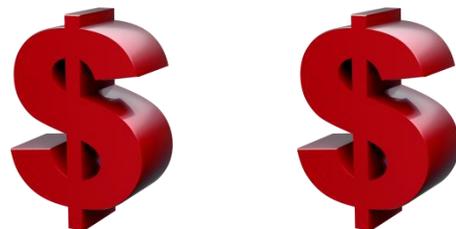
\$12,648.40

Savings Balance

\$7,246.89

Certificate of Deposit

\$6,211.68



FROM THE ELECTIONS COMMITTEE**UP AND COMING...****ON-LINE VOTING!!**

*We will have a practice run coming real soon;
please respond so we can see if it's working properly.*

**WATCH YOUR E-MAIL FOR THE
SPRING NOMINATIONS/VOTING
USING BALLOT BIN.**

**(IF YOU DON'T HAVE ACCESS PLEASE CONTACT
LEANN, 242-5622.. OR WHITNEY, 724-9814)**

SPRING ICA 2013

Join your ICA friends and colleagues in Ames May 8, 9, and 10, 2013 at the Gateway Hotel & Convention Center. The conference committee is busy working on all aspects of the conference from what to serve in the Hospitality Room to which day Buzz will share his knowledge! The Gateway will be charging the state rate of \$55 per night per room.

Please contact Russ Martin or Janet Neuschwanger if you have a request for a training or know of a training that would be informative for staff.

The Polygraph Periodicals, August 2012

With the recent missing persons and suspected abduction case in Evansdale, IA., and the news that family members were given polygraph examinations, the speculations about innocence or guilt have flown around coffee bars, dinner tables, break rooms, and bar conversations. This seemed like a good time to remind everyone that the polygraph is not a lie detector; rather, it measures physiological indicators of distress associated to the answering of questions on an examination. The polygraph is an investigative tool; nothing more, nothing less. Occasionally, guilty people do “pass” a polygraph and innocent people do “fail”. To ring that point home, I thought I would remind us of a few of the more famous polygraph cases.

Gary Ridgeway became a suspect in the Green River Killings in 1983. He was brought in and questioned by detectives and was given a polygraph examination in 1984; he cleared the test. Police still kept him on their radar as part of the ongoing investigation, and in 1987 collected hair and saliva specimens from Ridgeway as DNA evidence testing was in its infancy. Throughout the 1990's, DNA testing became perfected to a science, and on November 30, 2001, Ridgeway was arrested for four of the murders, based upon conclusive DNA evidence. He later confessed to 48 murders total. And, by the way, after his arrest the second time, Ridgeway lawyered up and refused to take another polygraph examination about the murders.

Jon Benet Ramsey was murdered in her home in 1996. Her parents were reportedly suspects in the murder, and John & Patsy Ramsey did take polygraph examinations with renowned examiner, Edward Gelb. Reportedly, Gelb ran a series of tests in May 2000, and although Patsy had some inconclusive findings deemed caused by medical/sickness issues, she later cleared the polygraph, as did her husband, John. Many in the law enforcement community, public, and anyone venturing to debate the topic found people on both sides of the fence; they're guilty, they're innocent. In 2003, DNA evidence of an unknown male found within the blood of her underpants corroborated prior evidence of a boot print outside the house, now believed to be that of the actual perpetrator.

Edward Gelb was also involved in another famous case; O.J. Simpson. Simpson was accused of murdering his wife Nicole and her friend, Ronald Goldman in 1994. Reportedly, lead defense attorney, Robert Shapiro, had Simpson take a polygraph examination with Gelb. When the test appeared to be going badly, Shapiro contact lawyer F. Lee Bailey who is also a noted polygraph expert, and Bailey reportedly told him to stop the test. Although Gelb cannot publically discuss the findings of the examination, numerous news source have cited that Simpson was allegedly scored at a -20, while a deceptive finding only requires a -6, according to their confidential sources. Simpson was acquitted of murder in the criminal proceedings. However, he was later found civilly responsible in Civil Court of the wrongful death of Ronald Goldman and the battering of Nicole Simpson, and in 1997, a judgment was entered against him for damages which was upheld in 2008.

In 1986, Bill Wegerle agreed to assist law enforcement officers by taking a polygraph examination concerning the murder of his wife Vickie Wegerle. Mr. Wegerle displayed deception and was reported to have “failed” the polygraph. Although never arrested or convicted, he remained a suspect and lived with many in the community having their doubts about whether or not he had murdered his wife. Then, in 2004, someone sent her driver's license and the photos of her crime scene to a Wichita reporter. The BTK serial murderer surfaced again to reign terror upon Wichita. In 2005, DNA from Dennis Radar matched DNA evidence from under the fingernails of Vickie Wegerle; her true assailant, the BTK Killer, had finally been apprehended.

Leonard Keehler was the inventor of the modern polygraph instrument as we know it. He worked for the Crime Science Laboratory in Chicago in the era of gangsters and racketeers. In 1944, he was contacted by reporters James McGuire and Jack McPaul and asked if he would agree to go to Joliet prison and conduct a polygraph examination on Joe Majczek. Mr. Majczek was convicted of murder and was serving a life sentence for reportedly killing a Chicago police officer, William Lundy, in 1932. He was convicted on circumstantial evidence; primarily the testimony of a delicatessen owner, Vera Walush, who claimed to be a witness to the shooting. Majczek cleared the polygraph examination about having anything to do with the murder, which opened up a private investigation into the case. What the reporters discovered was false testimony, adulterated records, and cover up surrounding the case. Majczek was exonerated in 1945, and later awarded a large settlement by the state of Illinois for his wrongful imprisonment. If you are interested, this case was portrayed in the Hollywood film, “Call Northside 777” in 1948; starring Jimmy Stewart, with Keehler playing himself.

My primary point is this; polygraph results do not determine the innocence or guilt of a suspect to any crime. It may lead to a confession, or lead to a suspect being cleared of an accusation, or it may not change anything about the investigation other than providing one more piece of the puzzle for investigators to determine how it fits into the case. Actually, what is more important than the actual results are the statements and admissions that the examinee makes to the examiner during the interview stages of the polygraph. Whether the examinee reportedly “passed”, “failed” or was deemed to have “inconclusive” findings, the statements and admissions made in the examination process can often contribute to eventually solving the case.

Sincerely in truth,
Randy Cole
PDD Examiner

IOWA CORRECTIONS ASSOCIATION

STANDING COMMITTEE CO-CHAIRS

FISCAL YEAR 2013

<u>COMMITTEE</u>	<u>CO-CHAIR</u>	<u>CO-CHAIR</u>	<u>BOARD LIAISON</u>
AWARDS	Sheryl Dahm	Sally Kreamer	Rita Mueggenberg
ELECTIONS	Whitney Mann	Lee Ann DeBord	Katrina Carter
CEUs	Elizabeth Clark	Teneil Cangas	Chad Cangas
LEGISLATIVE	Robin Malmberg	Katrina Carter	Katrina Carter
MEMBERSHIP	Rita Mueggenberg		Rita Mueggenberg
MULTI-CULTURAL	Mary Avaux		Jen Foltz
NOMINATIONS	Sundi Simpson		Bryan Reicks
PUBLICITY	Kelly Overton	Don Wolter	Bruce Vander Sanden
RAPSHEET	Jean Johnson		Tennette Carlson
REGISTRATION	Julie Vantiger-Hicks	Steve Zdrzil	Bruce Vander Sanden
TRAINING & WORKSHOP	Todd Roberts		Duane Worthy
T-SHIRTS/MERCHANDISE	Denise Ramsey	Rob Humphrey	Jen Foltz
VENDORS & WEBSITE	Janet Harms		Jane Jansen
WOMEN'S ISSUES	Arlene Anderson	Julie Brandt	Julie Brandt

**** Membership voted that ICA will cease being a dual chapter with ACA. ****

ICA appreciates the support of our Business Partners!

GOLD Sponsorships of ICA Conference Meals and Hospitality Events:
CenturyLink, Taylor Ohde Kitchell, ATG and SASC



SILVER Sponsorships of ICA Vendor Hospitality Events:
Union Supply Group, AFSCME and Jpay, Inc



2012 Spring Conference Exhibitors

- ★ 3M Electronic Monitoring ★ AnyTrax ★
- ★ Assessment Services, Inc. SCRAM ★ AUTOCLEAR ★
- ★ BI Incorporated ★ C.J. Cooper & Associates ★
- ★ CenturyLink ★ Iowa Substance Abuse Information Center ★
- ★ IPI - Prison Industries ★ iSECUREtrac ★
- ★ Jpay, Inc. ★ Narcotics Anonymous ★ Northpointe Institute ★
- ★ Redwood Toxicology ★ Securus Technologies ★
- ★ Sentinel Offender Services, LLC (formerly G4S) ★
- ★ Simpson College ★ Timekeeping Systems, Inc. ★
- ★ Union Supply Group ★ Watchguard/RSI Laboratories ★