

September 2014



# The RapSheet

## President's Notes

Dear ICA Membership:

Summer has flown by and Fall is upon us which means ICA's Fall Conference is right around the corner. Conference co-chairs, Trish Signor and Leann Debord, and their committee have put together a great conference. Be sure to share the conference information with all of your contacts, community resources, stakeholders and let's see if we can set a record for attendance this fall. Production of the Spring 2015 Conference is already underway with details soon to follow.

As you read this issue of the RapSheet, take notice of all the areas ICA needs your assistance.

ICA is **YOUR** association and provides a variety of opportunities for you to get involved at many levels. This is a great time to join a committee, take on an area like producing the RapSheet or volunteer to co-chair or assist with an upcoming conference. With elections coming down the road, consider running for a position. Make the leap and join the team.

Help us to make the Iowa Corrections Association the best ever. I hope to see you all on October 8<sup>th</sup> in Altoona.

Sincerely,

*Bryan Reicks*

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## ICA Fall 2014 Conference!

Hello everyone!

The Fall ICA conference is being held in Altoona, Iowa at Adventureland Inn from Oct 8-10. Our theme this year is 'Safety and Support for All'. We have a great conference lined up for all those who attend! The trainings are going to be very exciting and discussing different ways we can keep ourselves and families safe at home and through the internet. We also have trainings focusing on trauma informed care, working with veterans as well as counter terrorism.

We have a great entertainment set up for Thursday night that will give people the chance to explore Downtown Des Moines that you will not want to miss! We will be ending the conference with the training 'Corrections Fatigue' that will address people who work in the corrections field being at risk for becoming burned out and different ways to help prevent this happening to you.

Spread the word and give yourself a much needed break to catch up with old friends and co-workers and join us at the Fall Conference!

### ~~~CONFERENCE WORKSHOPS AT A GLANCE~~~

| Wednesday 10/8/14 | Events  |
|-------------------|---|
| 11:30-12:30pm     | Registration-Lobby  |
| 12:45-1:15pm      | Introduction ( <b>Grand Ballroom</b> )  |
| 1:30-3:15pm       | <b>Keynote Address:</b> Trauma and Empowerment ( <b>Grand Ballroom</b> )  |
| 3:30-5:00pm       | The Mind, Body, and Spirit Connection ( <b>Grand Ballroom</b> )   |
|                   | <b>Room 1:</b> "Incarcerated Lesbian, Gay, Bisexual, Transgender, Queer, Questioning (LGBTQ) and their special needs" |
|                   | <b>Room 2:</b> Iowa Division of Intelligence and Fusion Center  |
|                   | <b>Room 3:</b> Disordered Gambling and Corrections Populations: Making Connections, Enhancing Recovery                |

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| Thursday 10/9/14 | Event (Iowa Ballroom)  |
|------------------|--|
| 8:30-10:00am     | <b>Room 1:</b> Cultural Poverty  |
|                  | <b>Room 2:</b> Veteran's Issues: An Emerging Criminal Justice and Mental Health Response                       |
|                  | <b>Room 3:</b> Ethics: What corrections professionals need to know   |
| 10:30-12:00pm    | <b>Room 1:</b> Directors Meeting   |
|                  | <b>Room 2:</b> Excited Delirium  |
|                  | <b>Room 3:</b> Ethics continued...   |
| 12:15-1:15pm     | Lunch- Restaurant  |
| 1:30-3:00pm      | <b>Room 1:</b> Trauma informed care  |
|                  | <b>Room 2:</b> Holistic Management: Treatment of Depression and Anxiety Utilizing a Female Offender Case Study |
|                  | <b>Room 3:</b> Effectively Working with Individuals who have Mental Health Issues                              |
| 3:30-5:00pm      | <b>Room 2:</b> Fight Back Project  |
|                  | <b>Room 3:</b> Caring for yourself in the eye of the hurricane: Vicarious Trauma                               |
| Thursday 10/9/14 | Pilum Defense (Grand Ballroom)   |
| 10:15-12:15pm    | Cyber Security   |
| 1:30-2:30pm      | Workplace Security/Active Shooter  |
| 3:30-4:30pm      | Home Security  |
| Friday 10/10/14  | Desert Waters (Grand Ballroom)   |
| 8:30-11:30am     | Corrections Fatigue to Fulfillment   |

See you soon!

*Submitted By LeAnn DeBord and Trish Signor, Fall Conference Co-Chairs*

## **In Search of RapSheet Editor!**

The RapSheet is looking for a new editor.

GET INVOLVED IN ICA! If you are interested in becoming the new editor, please contact

[Tenette.Carlson@iowa.gov](mailto:Tenette.Carlson@iowa.gov) or [Bryan.Reicks@iowa.gov](mailto:Bryan.Reicks@iowa.gov)



## Elections

As always if you have any questions or concerns please email LeAnn or Whitney at [leann.debord@iowa.gov](mailto:leann.debord@iowa.gov) or [whitney.mann@iowa.gov](mailto:whitney.mann@iowa.gov).

*Submitted By LeAnn DeBord & Whitney Mann*

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## Awards/Memorials Committee

ICA Fall Conference is slowly approaching and we are in Altoona, IA. Every year ICA brings so much information and this year it's no different. At this time, I ask you to reflect on all the people that have touched you or have helped you in your job or daily life and start planning out your nominations for the ICA Spring 2015 Conference. Becky and I are very excited to be part of this amazing committee and are very excited to start getting your nominations. Last year was filled with great nominations so look through your nomination stack and resubmit if your person was not chosen last time.

Please submit your nominations via our web page. Either Becky or I will send you an email back that we have received your nomination. If you do not receive my confirmation then please contact me directly (515-242-6477) so we can sort out any technical difficulties we may have.

We would also like to remember those who are no longer with us during the memorial part of our ceremony. You may email those directly to either one of us: [Emma.Dedic@iowa.gov](mailto:Emma.Dedic@iowa.gov) or [Becky.Schneider@iowa.gov](mailto:Becky.Schneider@iowa.gov)

We hope you stay warm and safe this winter and look forward to seeing you at the conference. It will be here before you know it, so please send in those nominations.

*Submitted By Emma Dedic & Becky Schneider*

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## Publicity Committee

The Publicity Committee is currently getting ready to expand its duties. We are looking for anyone that is interested in joining our Committee on our new adventure and help to make this Committee all that it can be and promote ICA.

Anyone interested can contact me: [Kelly.Overton@iowa.gov](mailto:Kelly.Overton@iowa.gov) or 515-242-6621

We are looking forward to seeing you all at the Fall Conference!

Have a safe and fun summer!!

*Submitted By Kelly Overton & Don Wolter*

## Vendors Committee

We are fast approaching the ICA 2014 Fall Conference at the Adventureland Inn in Altoona. ICA is excited to be hosting the following vendors for the conference:

- Auto Clear
- 3M
- Simpson College
- Narcotics Anonymous
- JPay
- Iowa Prison Industries
- Innovative Monitoring Systems
- KeyTrak
- Des Moines Police Officer's Credit Union
- Keefe/IC Solutions
- Ed Roehr Safety Products

Please ensure to stop by and speak with all of them. As always conference participants are encouraged to participate in vendor bingo. This year's prize is a free registration to the ICA Spring 2015 Conference. As always, if you know of or have contact information for potential vendors, please send those suggestions to [teneil.cangas@iowa.gov](mailto:teneil.cangas@iowa.gov).

*Submitted By Teneil Cangas*

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## Women in Corrections Committee

The ICA Women in Corrections Retreat was held at the Christian Conference Center September 11<sup>th</sup> & 12<sup>th</sup> 2014 this year. This was the 16<sup>th</sup> Annual Retreat & was titled "Opportunities". We had new faces this year which is always exciting. It is a great way to make new awesome connections in the field of corrections with other women. Topics included Elder Abuse, K-9 Demonstration & Mindfulness in Mediation to list a few. As always we were blessed with talented amazing presenters.

The ICA Women in Corrections Retreat dates for next year are September 10<sup>th</sup> & 11<sup>th</sup> 2015. We hope to see the new attendees again next year & we would be lost without the folks that have been faithful supporters of the retreat over the years. As one presenter at the retreat stated "what a blessing to be a part of such great energy" I couldn't have said it better. Mark your calendars and plan to join us in 2015.

*Submitted By Arlene Anderson & Julie Brandt*

## **Membership Committee**

Our webpage provider upgraded to Wild Apricot version 5. The transition to version 5 has gone well.

Invite a co-worker to join our professional association - ICA so they may enjoy the benefits, training and fellowship.

Send us your updated contact info - we run into issues from time to time as people change addresses, email, get married and change agencies.

ICA Fall Conference is fast approaching please get your membership paid up if it's due.

*Submitted By Jason Hute & Jason Hawkins*

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## **T-Shirts/Merchandise Committee is seeking your input!**

What items would you like to have for sale at the ICA merchandising table?

Please contact [Tristin.Hodges@iowa.gov](mailto:Tristin.Hodges@iowa.gov) or [Theresa.Coleman@iowa.gov](mailto:Theresa.Coleman@iowa.gov) with your suggestions.

*Submitted By Tristin Hodges & Theresa Coleman*

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## **CEU Fees**

The ICA Board is pleased to welcome Trish Signor and Julie Brant as the new co-chairs to the CEUs committee. After several years of service Elizabeth Clark and Teneil Cangas have finally decided to hand over the reins. During this transition period you will more than likely see all four ladies assisting with the Fall 2014 Conference in Altoona. As usual, CEUs will have a table to register for and to receive the CEU sheets, which must be signed following each individual workshop. Once again CEU fees remain \$15.00 per person. Finally, the ICA Board would like to thank Elizabeth and Teneil for their years of service to this committee.

*Submitted By Teneil Cangas*

## Treasurer's Report

June 2014 - August 2014

### Income:

|                       |                 |
|-----------------------|-----------------|
| Awards                |                 |
| Board of Directors    | 1.50            |
| CEUs                  |                 |
| Credit Card           |                 |
| Elections             |                 |
| Fall Conference       |                 |
| Legislative           | 300.00          |
| Membership            |                 |
| Multi-Cultural Issues |                 |
| Nominations           |                 |
| Publicity             |                 |
| RapSheet              |                 |
| Registration          |                 |
| Spring Conference     | 50.00           |
| Merchandise           |                 |
| Training & Workshops  |                 |
| Vendor                | 525.00          |
| Website               |                 |
| Women In Corrections  |                 |
|                       |                 |
| <b>Total Income</b>   | <b>\$876.50</b> |

### Expenses:

|                       |                   |
|-----------------------|-------------------|
| Awards                |                   |
| Board of Directors    | 635.00            |
| CEUs                  |                   |
| Credit Card Fee       | 26.85             |
| Elections             |                   |
| Fall Conference       |                   |
| Legislative           |                   |
| Membership            |                   |
| Multi-Cultural Issues |                   |
| Nominations           |                   |
| Publicity             |                   |
| RapSheet              |                   |
| Registration          |                   |
| Spring Conference     | 25.20             |
| Merchandise           |                   |
| Training & Workshops  |                   |
| Vendor                | 1,645.37          |
| Website               |                   |
| Women in Corrections  |                   |
|                       |                   |
| <b>Total Expenses</b> | <b>\$2,332.42</b> |

**Checking Balance**      **\$2,338.02**

**Savings Balance**      **\$770.36**

**Certificate of Deposit**      **\$6,338.62**

**Balance of Accounts**      **\$9,447.00**

*Submitted By Jane Jansen*

## Board of Directors

**President:** Bryan Reicks

**President-Elect:** Chad Cangas

**Vice-President:** Jen Foltz

**Secretary:** Tenette Carlson

**Treasurer:** Jane Jansen

**At Large Members:** Julie Brandt, Teneil Cangas, Jason Hawkins,  
Katrina McKibbin, Peggy Maynes, Trish Signor



Bryan Reicks  
President  
2016



Chad Cangas  
President-Elect  
2016



Jen Foltz  
Vice President  
2016



Jane Jansen  
Treasurer  
2015



Tenette Carlson  
Secretary  
2016



Teneil Cangas  
At Large  
2015



Katrina McKibbin  
At Large  
2015



Peggy Maynes  
At Large  
2015



Julie Brandt  
At Large  
2016



Jason Hawkins  
At Large  
2016



Trish Signor  
At Large  
2016

## Standing Committee Co-Chair

### Committee

Awards/Memorials

CEUs

Elections

Legislative

Membership

Multi-Cultural Awareness

Nominations

Publicity

RapSheet

Registration

T-Shirts/Merchandise

Training & Workshop

Vendors

Website

Women In Corrections

### Co-Chair

Becky Schneider

Trish Signor

Whitney Mann

Duane Worthy

Jason Hute

Melissa O'Brien

Orlando Rodriguez

Kelly Overton

Julie Vantiger Hicks

Tristin Hodges

Todd Roberts

Teneil Cangas

Janet Harms

Arlene Anderson

### Co-Chair

Emma Dedic

Julie Brandt

Lee Ann DeBord

Jason Hawkins

Ken Howard

Theresa Lawrence

Don Wolter

Janet Olson

Theresa Coleman

Bryan Reicks

Julie Brandt

### Board Liaison

Chad Cangas

Teneil Cangas

Bryan Reicks

Katrina McKibbin

Peg Maynes

Jen Foltz

Chad Cangas

Katrina McKibbin

Tenette Carlson

Jason Hawkins

Jen Foltz

Trish Signor

Jane Jansen

Jane Jansen

Julie Brandt



## APPA 2015 Winter Conference

2015 Winter Training Institute - Tampa, FL



Conference registration @: <http://www.appa-net.org>

Lodging: **Tampa Marriott Waterside Hotel and Marina**

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## ACA 2015 Winter Conference

Online Registration will begin on October 1st @: <http://www.aca.org/>

**February 6-11, 2015**  
**Long Beach, California**

Our Winter Conference is an engaging, thought-provoking, six-day event offering multiple ways to network with industry professionals, find a mentor, get a sneak peek at emerging technology, and hone your leadership skills.



Thank You, 2015 ACA Winter Conference Sponsors!